

Typical day on a residential programme*

8.15 - 9.00	Breakfast led by a trainer
9.00 -10.30	<p>Oral communication activity (Part 1)</p> <ul style="list-style-type: none"> Working on oral comprehension using subject – matter adapted to trainees’ needs requirements: current affairs, films, songs, etc. Using oral comprehension to work on summaries, presentations, expressing opinions, debates
10.30	Break Communicative activity led by a trainer
11.00 – 11.45	<p>Oral communication activity (Part 2)</p> <ul style="list-style-type: none"> Working on oral expression using subject – matter adapted to trainees’ needs: case studies, role plays, etc.
11.45 – 12.30	One-to-one tuition / Multimedia session
12.45	Lunchtime debate led by a trainer
14.00 - 15.30	<p>Written communication activity</p> <ul style="list-style-type: none"> Working on written comprehension using subject – matter adapted to trainees' needs: articles, job offers, specific documents, etc. Working on written expression: document analysis, drafting summaries, e-mails, CVs, tweets, e-books, etc.
15.30	Break Communicative activity led by a trainer
16.00 - 16.45	Workshop dealing with specific difficulties: pronunciation, grammar, exam preparation, vocabulary development, etc.
16.45 - 18.15	Sports, cultural, and relaxation activities: keep-fit, mountain biking, climbing, visiting a town or museum, hosting guests, etc.

19.00 – 19.30	Press review
19.30 – 20.30	Dinner led by a trainer
20.30 – 22.00	<p>Themed activity</p> <ul style="list-style-type: none"> ⊗ Sunday: speed dating ⊗ Monday: intercultural profiling ⊗ Tuesday: negotiation activity ⊗ Wednesday: choice of activities (discussion, team building, visit, etc.) ⊗ Thursday: gala evening with public speaking

* Times and activities vary according to the programme chosen
The weekend (between two training weeks) will be spent on excursions.